

	Day One	Day Two	Day Three	Day Four	Day Five
Activity 1	Ask your child to choose a book from home. Read the book aloud to your child.	Pre-Writing Patterns Take out the Getting Reading for Writing handout.	Ask your child to choose a book from home. Read the book aloud to your child.	Pre-Writing Patterns Take out the Getting Reading for Writing handout.	Ask your child to choose a book from home. Read the book aloud to your child.
	Ask your child to draw the characters in the story.	Practise going sideways and downwards (Tall lines/short lines).	Take out the Blank Level Question handout. Ask your children some Level	Practise doing zigzags and up and overs.	Video your child retelling the story or drawing a picture about the story.
	Practise writing your name from your name card.	Choose an activity from the Hand Strength handout.	1, 2 and 3 questions.	Choose an activity from the Hand Strength handout.	
Activity 2	Number Ordering	Size Ordering	Number and Quantity Matching	Time – Day and Night	Less, More and the Same
	Take out the number cards and cut them into individual cards. Mix up the numbers and get your child to put the numbers 1-5 in order. If they can do this get them to order 1-10.	Find some soft toys in your house that are different sizes. Take out three of the toys and order them by size. Explain that we are ordering by size. Make sure you say small, medium and big and	Take out your number cards. Get your child to find small objects (lego, pebbles or beads) to make the matching quantity.	Talk about the different activities we do during the day and night. Draw a line down the middle of a piece of paper and write day on one side and night on the other. Get your child to draw one activity that we do during the day and night.	Take out a group of small objects to use as counters (lego, beads or pebbles). Give your child a small amount and take some for yourself. Ask who has more/less or the same. Repeat!
Wellbeing	Balance Challenge Try different animal balance poses, such as flamingo or starfish. How long can you balance on one foot for?	DIY Backyard obstacle course Be creative and make your own course in your backyard.	Jumping Use some chalk to draw some circles on the paving. Can you jump like a kangaroo or a frog on the circles?	Throwing/ Catching Challenge Using a large ball practising throwing and catching.	Cosmic Yoga
Tick which	Activity 1	Activity 1	Activity 1	Activity 1	Activity 1
activities you	Activity 2	Activity 2	Activity 2	Activity 2	Activity 2
completed each day.	Wellbeing	Wellbeing	Wellbeing	Wellbeing	Wellbeing
	Parent Initial	Parent Initial	Parent Initial	Parent Initial	Parent Initial

Optional Activities

Five Senses	Handwriting Patterns	Counting	Directed Drawing of a person	Painting
Look in your fridge/pantry for some food. Describe it using your 5 senses (sight, smell, touch, hearing, taste).	Use chalk or a paintbrush and water to practice the pre-writing patterns on the driveway, or writing your name.	Toss newspaper balls into a basket. Count how many you get in.		Use paints to create a masterpiece. What colours can you mix?
Counting	Make a cake.	Emotions	Jumping	Cutting
Count out and hang socks on a line. Use one peg for each sock.	What ingredients did you mix first?	Practice what to do when you are angry or sad (deep breathing, role play asking for help).	Jump forward slowly and count. Change direction and start again.	Draw some straight, curvy and wavy lines on a piece of paper. Get your child to cut them out.
Emotions	Games	Matching	Shape Hunt	Counting
Draw a picture of when you were happy.	Play hide and seek with someone in your house.	Make playdough cakes. Collect the same amount of patty pans, candles or other decorations.	Go on a shape hunt in your house. Can you find squares, rectangles, triangles, circles or ovals?	Count buttons, coins or counters while posting through a slit in a container. Say how many objects will be in there.