

CALLING ALL DADS OF PRIMARY SCHOOL GIRLS.

DAUGHTERS AND DADS

Do you want to...

- · Spend quality one on one time with your daughter?
- · Develop cricket skills and have fun getting active together?
- · Help her build confidence, self-esteem and resilience?

Strengthen your relationship with your daughter and improve her enjoyment and engagement in cricket.

Spaces are limited, book online. DONT MISS OUT



WHAT IS THE PROGRAM?

•90 mins a week over 9 weeks. ·A combination of cricket skills and well-being education for primary school girls 7-12 years and their dads (or father figure)

PHYSICAL ACTIVITY

·Rough and tumble play, fitness and cricket skills. ·Your daughter will improve her catching, batting, bowling and throwing.

WELL-BEING EDUCATION

You will help your daughter develop:

WHEN IS IT HAPPENING?



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